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## Websites / Resources for Parents Supporting Children and Youth with their Career Development

### BC New Career Education Curriculum

<https://curriculum.gov.bc.ca/curriculum/career-education/>

### Career Coaching Your Teens – A Guide for Parents (Government of Alberta)

<https://alis.alberta.ca/pdf/cshop/careercoach.pdf>

### WorkBC Parents' Guide – A Career Development Resource for Parents to Support Teens

[https://www.workbc.ca/getmedia/971e9e1d-4585-4723-9cc1-41ec4e2f7964/3643\\_WorkBC\\_ParentGuide\\_40pp\\_Web.pdf.aspx](https://www.workbc.ca/getmedia/971e9e1d-4585-4723-9cc1-41ec4e2f7964/3643_WorkBC_ParentGuide_40pp_Web.pdf.aspx)

### A Decade After High School: A Parent's Guide (Cathy Campbell, Michael Ungar, Peggy Dutton)

[http://web.deltasd.bc.ca/files/4122\\_TheDecadeAfterHighSchoolParentsGuide2015.pdf](http://web.deltasd.bc.ca/files/4122_TheDecadeAfterHighSchoolParentsGuide2015.pdf)

### Career Cruising for Parents (a multi-faceted resource for parents and students at all grades)

<https://www.careercruising.com/parent/>

### A Career Development Resource for Parents – Helping Parents Understand the role of Coach of Ally (Canadian Career Information Partnership)

[http://www.edu.gov.mb.ca/k12/docs/parents/cardev/cardev\\_resource.pdf](http://www.edu.gov.mb.ca/k12/docs/parents/cardev/cardev_resource.pdf)

### The High Five Principles of Career Development

<http://life-role.com/documents/High%20Five.pdf> (article)

### Career Awareness for Elementary Children – University of Wisconsin

[https://wiscareers.wisc.edu/P\\_ClassActs/worksheets/parguide3.pdf](https://wiscareers.wisc.edu/P_ClassActs/worksheets/parguide3.pdf)

### ALIS - This site has links to a variety of self-assessment tools (Career Interests/Personality/Values)

<https://alis.alberta.ca/ec/cp/cpt/planning-tools.html>

### VECTOR (requires that you create an account)

(Video Exploration of Careers, Transitions, Opportunities, and Realities) VECTOR is a video vignette library that profiles individual Canadians in the workplace. It shows them at work, describing the nature of their job and conditions of their workplace. VECTOR project partners, in collaboration with 16 sector councils, have produced 120 occupations to date identifying careers/occupations that would be of interest to youth and that currently face, or will soon face, labour market shortages.

<http://www.vector.cfee.org/english/login.php>